

KARATE
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ISAAC'S MARTIAL ARTS

336-512-1646

AFTER SCHOOL PROGRAM *Guide*

Parents: Your Child Will Love Our After School Program

When you enroll your child in our After School Program, We'll provide more than just quality care and academic support. We'll teach your child Traditional Martial Arts.

Studies have shown that martial arts lessons can help your child improve confidence and develop the leadership skills they need to succeed in life. Most of all, they'll gain the high self-esteem that is proven to result from martial arts training as we teach it in our exclusive After School Program.

If you're like most parents, you're probably on a budget. Isaac's Martial Arts After School Program makes it easy for you to give your child **TWO ACTIVITIES** for the **PRICE of ONE.....Convenient After School Care** and Exciting **Martial Arts lessons**



Two Activities for the Price of ONE

Free Transport

Home Work Time

Snacks Provided

Martial Arts Classes / Fitness Classes

Free Play / Games / Arts and Crafts

Early release Day / Teach Workday Camps Available

Are You and Your Child READY for an AMAZING After School Experience??

Welcome to Isaac's Martial Arts

Warriors After School Program!!!

A TYPICAL DAY WILL BE

- **Pick up from your Child's school (2:30-3:00)**
- **Snack/Homework time (3:15-4:00)**
- **Martial arts class/fitness fun (4:00-5:00)**
- **Supervised Free Time (5:00-6:00)**



Upon arrival to Isaac's Martial Arts, students will change into their uniform and be seated for Home work and Snack time. Our staff will assist with the homework and insure to the best of our knowledge that it is completed before class, keep in mind we will not tutor the students, as that is the parent's responsibility. Please be sure children have their own homework supplies. After homework is completed, the students will have their Martial Arts class or Fitness fun class which will last approximately 45-60 minutes. Karate and Fitness fun will be Monday thru Thursday. Friday is reserved for OUR FRIDAY FUN DAY!!

A NOTE ABOUT THE UNIFORM – The Martial Arts Uniform (Gi) is to be treated with respect. This shows unity and pride in our school. The Uniform should be kept neat and clean at all times. Each child will be provided with Hangers for their uniform and taught how to neatly hang their uniforms in their assigned lockers. Uniforms are to be taken home each Thursday to be cleaned and returned by Monday. We are as interested in your child's growth and education as you are. IMAC after school offers an incentive program for good behavior as well as good report cards in the form of patches that can be earned; if your child earns a patch please sew them on as soon as possible and as instructed. Thank you in advance.

Warriors After School Prices

PROGRAM Services	Warrior Package	Note:
Full Time After School (4-5 days per week) includes Transport	\$65.00 Weekly	\$69.00 Supply fee per Family.
Part Time After School (1-3 days per week) Drop Off Only	\$55.00 Weekly	20% discount will be applied to siblings weekly programs
Additional Services and Fee's	Warrior Package Discounts	
ABSS Early Release Day (10 per year)	\$5.00 per child (50% off member rate)	ALL Current Members will be given a one-time UPGRADE to the Warriors Package for the Price of the Basic Package!!
ABSS Teacher Workdays (8 children required to run camp)	\$9.00 per child (50% off Member rate)	
Belt Testing Fee's	\$0.00 All testing fee's included in weekly rate	

Note: Early release days and Teacher workdays are only charged if attended

Martial Arts Testing Fee's and Equipment

As in any sport there is equipment and uniforms to purchase as needed. Martial Arts are no exception. You will receive (1) uniform at the time of registration extra uniforms may be purchased through the school at \$45.00. Sparring gear is a necessary purchase for martial arts to insure your child is properly protected and free from harm, you may purchase this gear any time before your child becomes an Orange belt at which time the gear is required for continuing lessons and growth, Sparring gear may be purchased through the school for \$89.00 per set. Every 2-3 months depending on your child's skill and level of preparation they will be invited for belt testing. The fee for testing is included in your after school care payments, so no worries. When passing a Belt test the student is awarded a new Belt and World Recognized promotional certificates in Isshinryu Karate as well as Traditional Jujitsu training.

1. Payments are due either monthly on the 1st or weekly on the Friday for the Following week. Any weekly payment received after Tuesday will be assessed a \$25.00 late fee. All payments are to be set up on an approved form of auto draft.
2. If your child takes an extended break from our program other than summer break, a new supply fee will be due when they resume the program.
3. Pick up time for After School Care is 6:00pm. If you are going to be later than 6:00pm please call IMAC at (336)512-1646. If you are in need of extended pick up times you may choose to have your child participate in our 6:15 Warriors kids class for an additional charge of \$8.00 per class.
4. ABSS early release days, IMAC will provide pick-up and drop off services as usual: Warriors package members will be charges a discounted rate of \$5.00 per child and basic members a rate of \$10.00 per child payable the day prior to early release if your child plans on attending.
5. ABSS Teacher Workdays: IMAC will provide full day care with drop off beginning at 7:30 (we require at least 8 children signed up to provide care) Full day camps are provided to Warriors package members at a discounted rate of \$9.00 per child and Basic members at a rate of \$18.00 per child and is payable the day prior to service.
6. Regarding inclement Weather and School Closings. Your Child's safety is our first concern. If school is cancelled or dismissed early due to severe weather conditions we WILL NOT pick up or Operate Camps. We follow the ABSS inclement weather protocol. In this event please make other arrangements to pick your child up and have care provided.
7. On ABSS Teacher Workdays, IMAC requires at least (8) children be signed up in advance
8. There will be no refunds or adjustments for Winter Break, Spring Break, or absences from our program.

PARENTS RESPONSIBILITY CHECK LIST

1. Notify your School that Isaac's Martial Arts after school program will be picking up your child.
2. If your child does not attend school because he/she is sick, etc., you MUST notify IMAC as soon as possible at (336)512-1646 so that we may notify all drivers.
3. Payments are to be kept current at all times to insure your child's participation in our program.
4. Check our lost and found weekly if your child has lost any items.
5. Please be sure the write your child's name is the waist bank of the pants, and collar of the top of their uniform. All Equipment and belts must also be marked.
6. If you wish to cancel your participation in our program a 30 day written notice is required and all payments within the 30 day notice are due and payable to IMAC.
7. If you sign your child up for any of our early release pick up days or full day teacher workday camps and decide not to attend you are still liable for payment.

RULES FOR STUDENTS

1. Be at the appropriate place at pick up time.
2. Behave and BUCKLE UP in the Van/Car. NO EXCEPTIONS.
3. Change into your uniform as directed after snack is provided.
4. Put your things neatly in the locker that has been assigned.
5. During homework time, please be quiet and respectful of others who are also doing their homework. If you have a question or need help raise your hand. All children are asked to participate in reading or quiet arts and crafts if their homework is already complete or if they have none.
6. No running or Horseplay in the building.
7. Use inside voices.
8. Do not TOUCH, PUNCH, KICK, HIT, PINCH etc., another student or instructor. Please Respect other peoples space.
9. Follow all instructions and directions that are given by your instructor and Staff of IMAC.
10. No bad language or name calling is allowed at any time.

OUR AFTER SCHOOL DISCIPLINE POLICY

Isaac's Martial Arts Warriors After School Program is NOT a Day care. Our program is based on the contract between Parents or Legal Guardian and their children for Martial Arts Classes and Training.

In order to maintain a safe and quality program, we occasionally find it necessary to discipline a student. We feel that effective and positive ways of behavior management are:

1. REDIRECTION: We will stop the child and calmly learn what has happened, why and how they see it, and then suggest other ways of handling the situation. Then we will redirect their attention to another activity.
2. SEPARATION: We will have the child take a time out from the rest of the group and rest for a short period. This gives them the opportunity to calm down and reflect on their behavior. We will then explain other ways to good behavior and handling situations.

If a child's behavior remains problematic, a parent conference will be scheduled. If there is little to no improvement in the child's behavior after the parent conference, termination of enrollment may be necessary. Termination of enrollment will be at the discretion of Isaac's Martial Arts after school program administrative staff.

I have read and Understand the IMAC Discipline Policy

Parent/Legal Guardian Signature _____ **Date** _____

Please Note: We are a Martial Arts School first and foremost; we may at any time assign physical activity including push-ups, stances, laps, or sit ups for minor behavioral mishaps such as not following directions, and daily rules. These physical activities encourage your children to be mindful of daily rules as well as aid in their physical development

Parent/Guardian Initials _____

OUR AFTER SCHOOL SICK POLICY

1. Please call us by 1:30pm if your child/children will not attend the IMAC After school program for any reason including illness. Daily attendance is taken and we DO need to know if your child/children will be attending
2. If your child/children become sick while in attendance in the program, IMAC will notify you and you are required to pick your child up as soon as possible.
3. Children running a fever of 100 degree or greater shall not attend the program while their symptoms are present or for at least 24 hours after the fever has broken.
4. Children with reoccurring vomiting or diarrhea shall not attend the program while symptoms are present and for at least 24 hours after vomiting or diarrhea have stopped.
5. If your child has a communicable disease/illness, you are required to notify IMAC so that the parents of their other children may be notified of the possible exposure.
6. Children who have had a communicable disease/illness may not return to the program until they have a doctor's note stating that they are no longer contagious.

I have read and understand IMAC Sick Policy

Parent / Guardian Signature _____ **Date** _____

ISAAC'S MARTIAL ARTS AFTERSCHOOL STUDENT Information Sheet

(Please fill out front and back of all 5 pages)

SCHOOL YEAR _____

SECTION 1: STUDENT INFORMATION

NAME		DOB		Grade	
		Age		Allergies	Y/ N
Address		Name of Sibling being enrolled			
		AGE/Grade of Sibling			

SECTION 2: PARENT/GUARDIAN INFORMATION

Parent/Guardian Name			
Relationship to Child			
Address if different from student			
Contact information:	Home Phone		
	Cell Phone		
	Work Phone		
	Email Address		

SECTION 3: SCHOOL INFORMATION

Name of School:		School Hours	
Address:		Phone Number	
		Dismissal Time:	

SECTION 4: DAYS STUDENT WILL BE ATTENDING AFTERSCHOOL PROGRAM

Entire Week	YES Choose Package	Warriors Package (\$65.00 Weekly)	NO Choose Package	Warriors Package (\$55.00 Weekly)		
		Basic Package (\$60.00 Weekly)		Basic Package (\$50.00 Weekly Drop off only)		
Partial Week <i>(please circle days attending)</i>	Monday	Tuesday	Wednesday	Thursday	Friday	

SECTION 5: PERSON'S AUTHORIZED TO PICK UP STUDENT

NAME	ADDRESS	RELATIONSHIP TO CHILD

SECTION 6: PERSONS NOT AUTHORIZED TO PICK UP STUDENT

NAME	ADDRESS	RELATIONSHIP TO CHILD

SECTION 7: EMERGENCY CONTACT INFORMATION

NAME	ADDRESS	RELATIONSHIP TO CHILD

SECTION 8: MEDICAL INFORMATION

Current Health Issues:		Current Medications:	
Social/Special Needs/Other:			
Physician's Name		Phone No.	
Health Insurance Provider		Policy No.	

SECTION 9: OTHER

Please list any other information/concerns for your child:

SECTION 10: SIGNATURES

PARENT /GUARDIAN PRINT _____	
PARENT/GUARDIAN SIGNATURE _____	DATE _____

Isaac's Martial Arts
1808 Anthony Rd Ste. 101 Burlington NC 27215

Liability Release and Waiver Form

Minor's Name(s) _____

Name of Parent/Guardian _____

Address _____

Daytime Phone # _____

City, State, Zip _____

Evening Phone # _____

Participation Authorization & Liability Release: I, _____, as a parent or legal guardian of _____, a minor or minors (hereinafter, weather one or more, referred to collectively as Minor) hereby grant permission necessary to allow Minor to utilize the equipment and Participate in the martial arts courses, athletic activities and other activities (use of such equipment and participation in such courses/activities being referred to collectively herein as the IMAC Services) provided by Isaac's Martial Arts. I, in my own behalf and on behalf of Minor, further agree to release and to hold harmless IMAC services and its members, managers, officers, representatives, agents, landlord, volunteers, employees and each of its and their respective successors, assigns, heirs, and beneficiaries (hereinafter collectively referred to as the "Release Parties") from any and all liability for negligence or any other claim, judgement, loss, liability cost, and expense (including, without limitation, attorney's fees and costs) arising out of or connected with the Minor's participation in the IMAC Services, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic, and /or death) that Minor may incur or sustain while participating in the IMAC Services. I further expressly agree to indemnify and hold harmless the Release Parties against Loss from any further claims, demands, or actions that may subsequently be brought by Minor or by any other persons on the account of damages of character resulting to Minor in any way from the IMAC services. I further agree to reimburse and to make good to the Release Parties any loss or costs Release Parties may have to pay as a result of any such action, claim or demand.

Appearance Agreement: I understand that IMAC, from time to time, produces promotional material relating to its business. I understand that as a participant and/or a spectator as IMAC that minor may be included in video or photographs taken at IMAC. Therefore, without reservation or limitations, I, in my own behalf and on behalf of Minor, hereby assign, transfer and grant to IMAC, its successors, assignees, licensees, sponsors, any television networks, and all of the commercial exhibitors the exclusive right to photograph and or video minor to utilize such video, photographs and Minors name, face, likeness, voice and appearance in advertising and promoting IMAC. I further understand that neither IMAC nor any third party is under any obligation to exercise any of the forging rights, Licenses and privileges.

Transportation Release: I, in my own behalf and on behalf of Minor hereby authorize IMAC to transport Minor from schools to IMAC, to medical facilities, including urgent care and hospital facilities, and any other places visited at from time to time. I, in my own behalf and on behalf of Minor, further agree to release and to hold harmless the Release Parties from any and all liability for negligence or any other claim, judgement, loss, liability, cost and expense (including, without limitations, attorney's fees and costs) arising out of or connected with the transportation of Minor, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic, and/or death) that Minor may incur or sustain arising out of or in connection with transportation of Minor. I further expressly agree to indemnify and hold harmless the Release Parties loss from any further claims, demands, or actions that may subsequently be brought by Minor or by any other persons on the account of damages of any character resulting to Minor in any way arising out of or in connection with the transportation of Minor. I further agree to reimburse and to make good to the Release Parties any loss, or costs the Release Parties may have to pay as a result of any such action, claim, or demand.

Medical Release: I, in my own behalf and on behalf of Minor, acknowledge and agree that such participation subjects Minor to the possibility of physical illness or injury (minimal, serious, catastrophic, and/or death) and that I, in my own behalf and on behalf of Minor, acknowledge that Minor is assuming the risk of such illness or injury by participating in the IMAC Services. In the event of such illness or injury, I authorize IMAC Services to obtain necessary medical treatment for minor and herby, in my own behalf and on behalf of Minor, release and hold harmless the Released Parties in the exercises of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of Minor for any illness or injury that Minor may sustain while participating in the IMAC Services

I, in my own behalf and on the behalf of Minor, am aware that this Liability Release and Waiver Form releases the Released Parties from liability and contains an acknowledgment of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and behalf of Minor, have signed this document voluntarily and on my own free will.

Signature of Parent or legal Guardian: x _____ Date: _____

Relationship to Minor (s) _____ Minor (Birthdate: (s) _____